

History of the Anishinaabe taught respect for all living things. From the rock to the sky, from a tree to a blade of grass, from the animals to all winged that fly, to the women; givers of life that bear children, and hold our future. All were respected.

To be, to become, to better yourself has become a survival tactic for today's Indian Women. Driven from their homes by abuse, violent behavior, women and children are alone.

The Equay Wiigamig dedicates sincere, faithful, diligent, empathetic efforts in a respectful manner to provide a safe, secure place for all women and children to regain a sense of self-worth, pride, dignity, and honor within the great circle of life.

Darlene Lussier 1997



We, the women of Equay Wiigamig: Advisory Council, volunteers, staff and management, pledge ourselves to the mission of providing steadfast support to victims of domestic violence. Each woman and her children who receive our services will be treated with respect and courtesy that recognizes the inherent dignity of each human being. We will provide shelter and supportive service to every woman who requests them, excluding no one. Equay Wiigamig will provide safety in a comfortable, family-home atmosphere to all shelter guests in a peaceful, secure environment.

Contact Us:

P.O. Box 909
Red Lake, MN 56671

Toll Free: 1-800-943-8997

Crisis Line: 218-679-3737

Business Line: 218-679-3443

Equay Wiigamig

Domestic Violence hurts the whole family and affects the entire Tribe.

Many women have found hope, healing, and a voice. You can find support and strength from other women who have experienced battering.

It's okay to talk about family violence in a safe secure environment.



What are the various forms of domestic violence?

Physical Violence – Physical violence is the intentional use of physical force to intimidate a partner.

Sexual Violence – Physical violence is often accompanied by sexual violence wherein the use of physical force compels a person to engage in a sexual act that is not consensual.

Emotional Abuse – Has impact on confidence and self-esteem

Mental Abuse – also referred to as psychological violence, emotional abuse or mental abuse, is a form of abuse characterized by a person subjecting or exposing another to behavior that may result in trauma including anxiety, chronic depression, or post-traumatic stress disorder



Services Provided:

- Emergency Shelter
- Support Groups
- Education & Empowerment
- Someone to listen to you
- 24-hour Advocacy
- Safety Planning
- Supportive services with housing assistance, medical assistance, or emergency assistance

Community Outreach:

- GIIWITAA ODODEWISIWIN (circle of family)
- Community Collaboration
- Educational Events
- Community Advocacy
- Talking Circles

It's important to realize that no relationship is perfect; they all have their problems. However, if you answer "yes" to any of these questions, you may be in a violent relationship.

- Do you feel like you don't have any power in the relationship?
- Are you afraid of your partner's temper?
- Are you afraid to disagree?
- Are you constantly apologizing for your partner's behavior?
- Are you justifying everything you do to avoid your partner's anger?
- Are you being put-down by your partner?
- Are you being kept from seeing your family & friends?
- Are you being told what to do?
- Are you afraid to say "no" to sex?
- Are you afraid to break up?
- Does your partner blame others for his/her behavior & problems?
- Has your partner hit, kicked, shoved or thrown things at you?
- Have you been wrongly accused of flirting or having sex with someone else?
- Do you feel like you can't do anything without your partner's permission?