

CHEMICAL HEALTH PROGRAMS

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Nicole Waukazo
Contracting Officer
Indian Health Service

125 Federal Building
Bemidji MN 55601

RE: P.L. 96-638 TITLE 1 MODEL AGREEMENT,
2025 YEAR END REPORT CONTRACT NO. 239-14-0014

Enclosed you will find the January 01, 2025 to December 31, 2025 Year End Report for the Red Lake Chemical Health Programs.

1. Cover Letter
2. Report to the People for the 2025 IHS Fiscal Year
3. Red Lake Alcohol Rehabilitation Program Narrative
4. Red Lake Alcohol Rehabilitation Program Activities
5. Group Home Personnel and Stats
6. Oosh-Kii-Mii-Kah-Nah Halfway House Personnel and Data Stats
7. Projected Plans for 2026

If you have any questions, please call me at (218) 679-3392.

Respectfully,

Tom Barrett
Executive Director
Red Lake Nation Chemical Health Programs

Attachments

REPORT TO THE PEOPLE

January 01, 2025 to December 31, 2025

The Red Lake Rehabilitation Prevention Program has been under the umbrella of the Red Lake Chemical Health Programs since 1969.

The program goal is to reinforce alcohol and drug free lifestyles for the people of the Red Lake Nation. The main function of the program is to help people understand the negative effects of alcohol and drug use/abuse has on themselves, the family, and the community.

Wellness is centered on promoting and revitalizing the natural order of Ojibwe life.

Through cultural teachings and supporting opportunities for traditional wellness in mind, body, spirit, and community for those youth and adults living on or near the Red Lake Nation.

Protective and risk factors are addressed that reduce or eliminate drug and alcohol use.

We have programs that provide individual counseling, group therapy, alcohol and drug education lectures, presentation activities, alcohol/drug assessments, treatment placement, culturally specific prevention activities, and education and follow-up/aftercare service.

The primary goal of the Red Lake Alcohol Rehabilitation Program staff is to provide quality services that will enhance the lives and well-being of the people of the Red Lake Nation. Our Programs are based on the Anishinaabe culture and philosophy that will help to strengthen the mind, body, and spirits and the Anishinaabe people and their families. The staff strives to provide all the programs in the most effective, efficient, and professional manner and with the respect that people have come to expect from our program.

The Red Lake Alcohol Rehabilitation Program has been in operation since 1969 and is the original program that started the Chemical Health Programs on the Red Lake Reservation. The Program is a huge success due to staff who works very hard to get our message out. This is evident by the fact that more people are aware of the dangers of alcohol and drugs and the problems they cause.

ALCOHOL REHABILITATION PROGRAM NARRATIVE

Alcohol Rehabilitation Program Components are as follows:

1. Information and Referral

- a. Provide general information to the public
- b. Referrals and transportation to detoxification facilities
- c. Referrals and transportation to treatment facilities

2. Comprehensive Assessments

- a. Each individual must have a comprehensive assessment prior to placement.
- b. Comprehensive assessment helps in the determination of client placement.

3. Prevention –there are three (3) kinds of prevention

- a. Primary prevention – provide services to an individual before they start using alcohol.
- b. Secondary prevention – provide an alternative to those that are experimenting with alcohol or drugs including inhalants.
- c. Tertiary – Intervention – provides services that are conducive to the severity of the problem; i.e.: outpatient, primary treatment, halfway house, ect.

4. Extended Care – Youth Group Home

- a. Provide youth chemical dependency extended treatment for minimum of 90 days and maximum of 180 days
- b. Individual counseling
- c. Groups.
- d. Family counseling
- e. Lectures.
- f. Film and video presentations
- g. Attend school – provided by Red Lake School District
- h. Referrals to other professional service.
- i. Sweat lodge
- j. Cultural teachings and spiritual healing

5. Halfway House

- a. Extended care for minimum of 90 days and 180 days maximum.
- b. Individual counseling.
- c. Groups.
- d. Family counseling.

- e. Lectures.
- f. Film and video presentation.
- g. Family week.
- h. AA meetings.
- i. Referrals to other professional services.
- j. Sweat lodge
- k. Cultural teachings

6. Outreach – Follow-up – Aftercare

- a. Outreach – performing public relations (PR) reaching out of those in need of services.
- b. Follow-up – following up on those that have been referred to the program, including self-referrals, staff person provides counseling, advocacy services, and support services.
- c. Aftercare – upon leaving a treatment facility a client makes an after care plan with counselor to assist that client during re-entry back to the community, an aftercare staff person referrals, and advocacy services is provided.

7. Native Youth Culture and Youth Camps

- a. Planning and implementing
- b. Prevention Education on Drug and Alcohol and awareness
- c. Cultural teachings
- d. Ojibwe Language
- e. Listening skills
- f. Singing
- g. Gathering herbs, berries, maple sap, deer meat
- h. Exercise, swimming, walking, Four Day Spiritual Run
- i. Gathering of medicinal herbs and plants
- j. Male and Female Roles
- k. Participation with spiritual advisor and elders

ALCOHOL REHABILITATION PREVENTION PROGRAM ACTIVITIES

Red Lake Alcohol Rehabilitation Prevention Program has sponsored a number activities during 2025. Some of the prevention activities are culturally based to reflect the values of the Red Lake people, while others are more universal nature.

- **Red Lake Nation Community Wellness Gathering**

The Red Lake Nation Wellness Gathering was held at the Red Lake Nation College in January 2025. At the gathering there was keynote speakers and workshops offered on wellness and healing. A drum group sang a honor song and a traveling song at the beginning and the end of the wellness gathering, keynote speakers was on the agenda each day and workshops were offered on wellness and healing. There was 200 participants that attended the two and half days. A feast was served each day and a healing ceremony was held the last day.

- **Red Lake Chemical Health Back to School Fest**

Annual Back to School Fest was held on August 19, 2025. The Boys and Girls Club and The Red Lake Youth Council worked in the collaboration. The event was held at outside of the Boys and Girls Club. A DJ with live music was there to help make the event run more organized, there were carnival games to win small prizes and drawings for bigger prizes to win, a lunch was provided and each youth participant who attended received a bag of school supplies. A total of 653 youth that attended.

- **Red Lake Chemical Health Spirit Run Camp**

The 27th Anishinaabe Spirit Run Camp was held on July 29th to August 1, 2025. All runners aged 4 to 69 years of age ran relay style each day. The opening ceremony was held at the Red Lake pow-wow grounds at 9:00 a.m. at that time smudge, tobacco and prayers were offered at the end of the ceremony all of the runners understood this event was to remember all of the people that overdosed and to honor those still in active addiction and those who are in recovery and to carry strength and our culture. The first day the runners ran to Leech Lake pow-wow grounds, the second day it started a Cass Lake to Grand Rapids, the third day it was from Grand Rapids to Floodwood and the final day it was from Floodwood to Mash-Ka-wisen pow-wow grounds were they met in the pow-wow circle to be honored and end the 4 day run and surrender the staffs another year. There was runners from four Minnesota Tribal Nations Leech Lake, White Earth, Fond du lac and Red Lake, a total number of runners was not calculated because each day different runners would join and it was hard to keep track of the total count, but we estimated around 180 runners.

- **Red Lake Chemical Health Youth Cultural Deer Hunting Camp**

The Red Lake Chemical Health Cultrual Youth Deer Hunting Camp was held on October 15, 16, 17, 18,19, 2025. It was held at the Shooting Range area on the Red Lake Reservation. The camp started out in the circle to let everyone know the gun stafety and the camp rules, a spiritual person said a prayer and put tobacco outwith a spirit dish, he expained to treat each other with respect and listen to the camp leaders. The youth went night hunting with spot lights. The only time the youth held the gun was when they seen a deer and then it would be handed to them. The youth learned to hunt, drag, gut, skin, and cut up the deer, then some of it was given to the elders and some was cooked at the feast on the last day. The boys and girls who got their first deer a ceremony was held for them and they were told they are providers for their families now.

- **Community Meeting**

Quarterly community meetings were held at each of the four District Community Centers Some of the topics including education on fentanyl and how to use narcan on a person who overdosed and the different services they offered including the Peer Support Program services. At each community meeting a feast was held and information was given out.



RED LAKE CHEMICAL HEALTH | GROUP HOME

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Tom Barrett
Red Lake Chemical Health
PO Box 114
Red Lake, MN. 56671

RE: Group Home 2025

Mr. Barrett,

This is a Staff and Client List for the Group Home 2025

Staff List for 2025:

- Elwyn Jourdain, Jr. – Supervisor
- Josalyn Vasques – Secretary
- Dustin Harris – Senior Counselor
- Kevin Schoenborn – Night Manager
- Jesilee Rave – Counselor
- Wilburt Wind – Counselor
- Chesley Oakgrove – Counselor Aide
- Jerilyn Whitefeather – Counselor Aide



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Clientele:

Nineteen (19) Total Clients in 2025.

8 identified as Female, 11 identified as Male.

In 2025 we had 9 Successful Completions and 10 Non-Completions.

In 2025 the Red Lake Group had a 47.37% successful completion rate.

This concludes the 2025 Client List.

Treatment Overview:

Each resident comes to us with a unique issue, and each individual who enters our program is unique, therefore each resident has a unique treatment plan to help them through their stay here at the Group Home with a goal to continue helping them in their daily life after treatment.

All treatment plans do have common goals, though. Such things included in every treatment plan include Group Therapy, Individual Therapy, Family Therapy if applicable, drug/alcohol education, cultural teachings and a variety of activities including physical activities, wellness activities, therapeutic activities and recreational activities.

In 2025 we had a 50% successful completion rate.

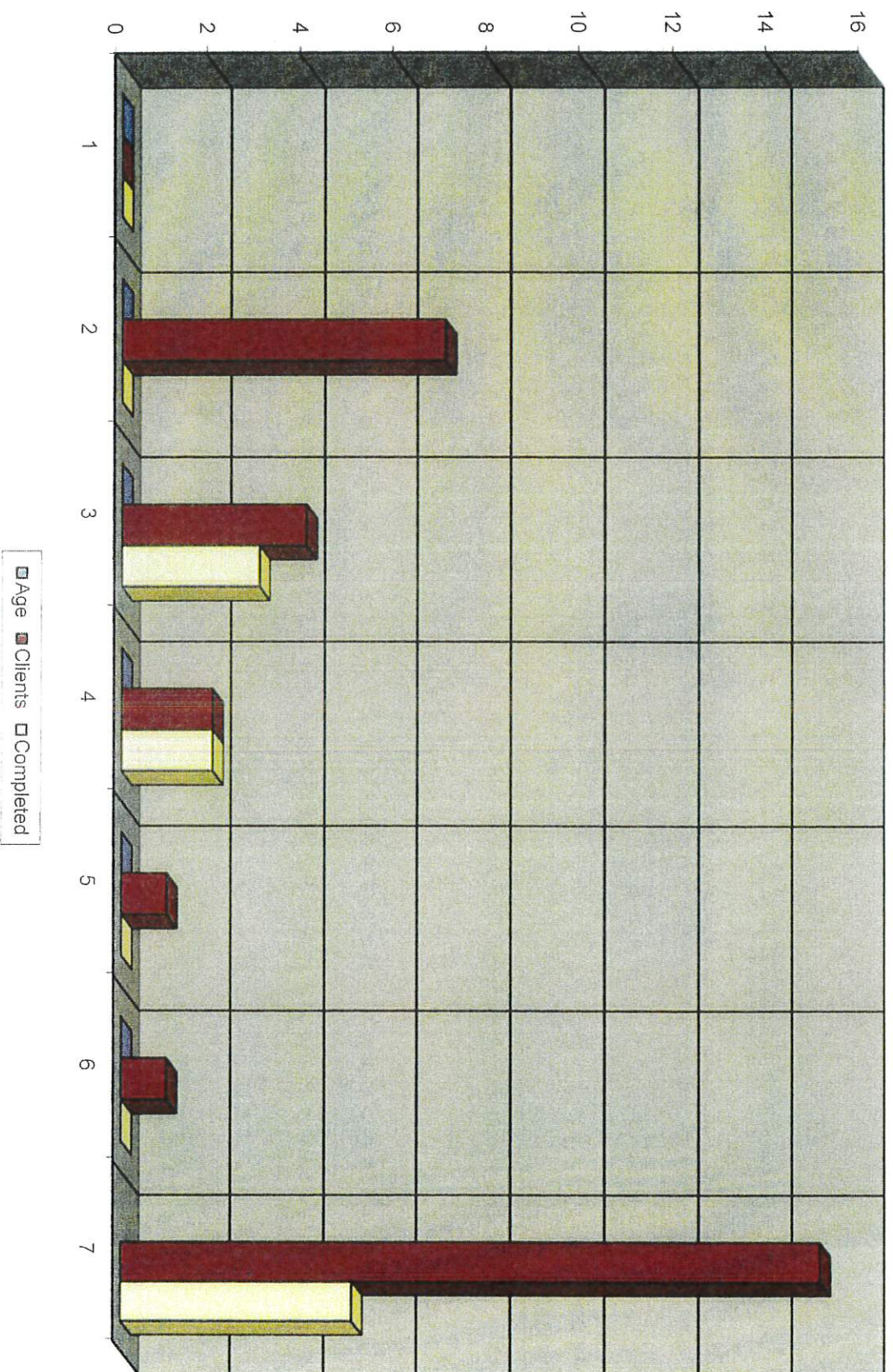
Any questions or for more info, please contact me. Thanks.

Elwyn Jourdain, Jr., LADC, ICADC, ADC III
Red Lake Group Home Supervisor
elwyn.jourdain@redlakenation.org
(218) 679-2305

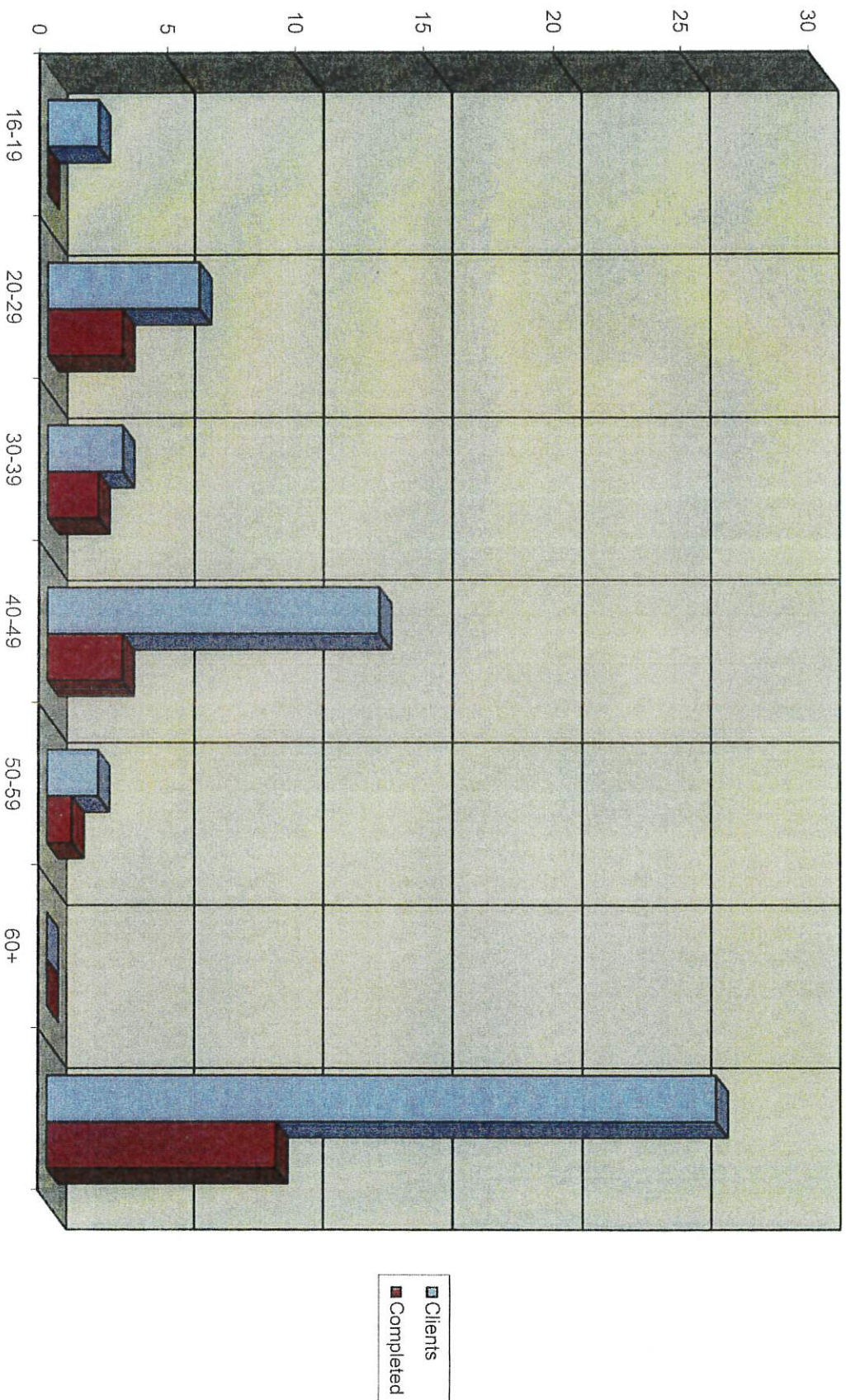
Oosh-Kii-Mii-Kah-Nah Halfway House Data 2025

Total Clients							Total
Age	16-19	20-29	30-39	40-49	50-59	60+	
Females	1	7	2	5	1	1	17
Males	2	6	4	8	2	0	22
Total	3	13	6	13	3	1	39
Completion Rate for Females							Totals
Age	16-19	20-29	30-39	40-49	50-59	60+	
Clients	0	7	4	2	1	1	15
Completed	0	0	3	2	0	0	5
Rate	0.0%	0%	75%	100%	100%	100%	33%
Completion Rate of Males							Totals
Age	16-19	20-29	30-39	40-49	50-59	60+	
Clients	2	6	3	13	2	0	26
Completed	0	3	2	3	1	0	9
Rate	0%	50%	67%	23%	50%	0%	35%
Overall Completion Rate							Totals
Age	16-19	20-29	30-39	40-49	50-59	60+	
Clients	2	13	7	15	2	0	39
Completed	0	3	5	5	1	0	14
Rate	0%	23%	71%	33%	100%	0%	36%
Drug of Choice Females							Totals
Age	16-19	20-29	30-39	40-49	50-59	60+	
Alcohol	0	2	0	0	1	0	3
Marijuana	0	0	0	0	0	0	0
Cocaine	0	0	0	0	0	0	0
Meth	0	2	2	0	0	0	4
Opioid (Fetenal)	0	1	2	6	0	1	9
Total	0	5	4	6	1	1	16
Drug of Choice Males							Totals
Age	16-19	20-29	30-39	40-49	50-59	60+	
Alcohol	1	0	0	1	1	0	3
Marijuana	1	0	0	0	0	0	1
Cocaine	0	0	0	0	0	0	0
Meth	0	3	2	6	0	0	11
Opioids (Fetenal)	0	3	3	4	1	0	11
Total	2	6	5	11	2	0	26
Overall Drug of Choice							
Alcohol	36	6	16.7%				
Marijuana	36	1	2.8%				
Cocaine	36	0	0.0%				
Meth	36	10	27.8%				
Opioids (Fetenal)	36	17	47.2%				

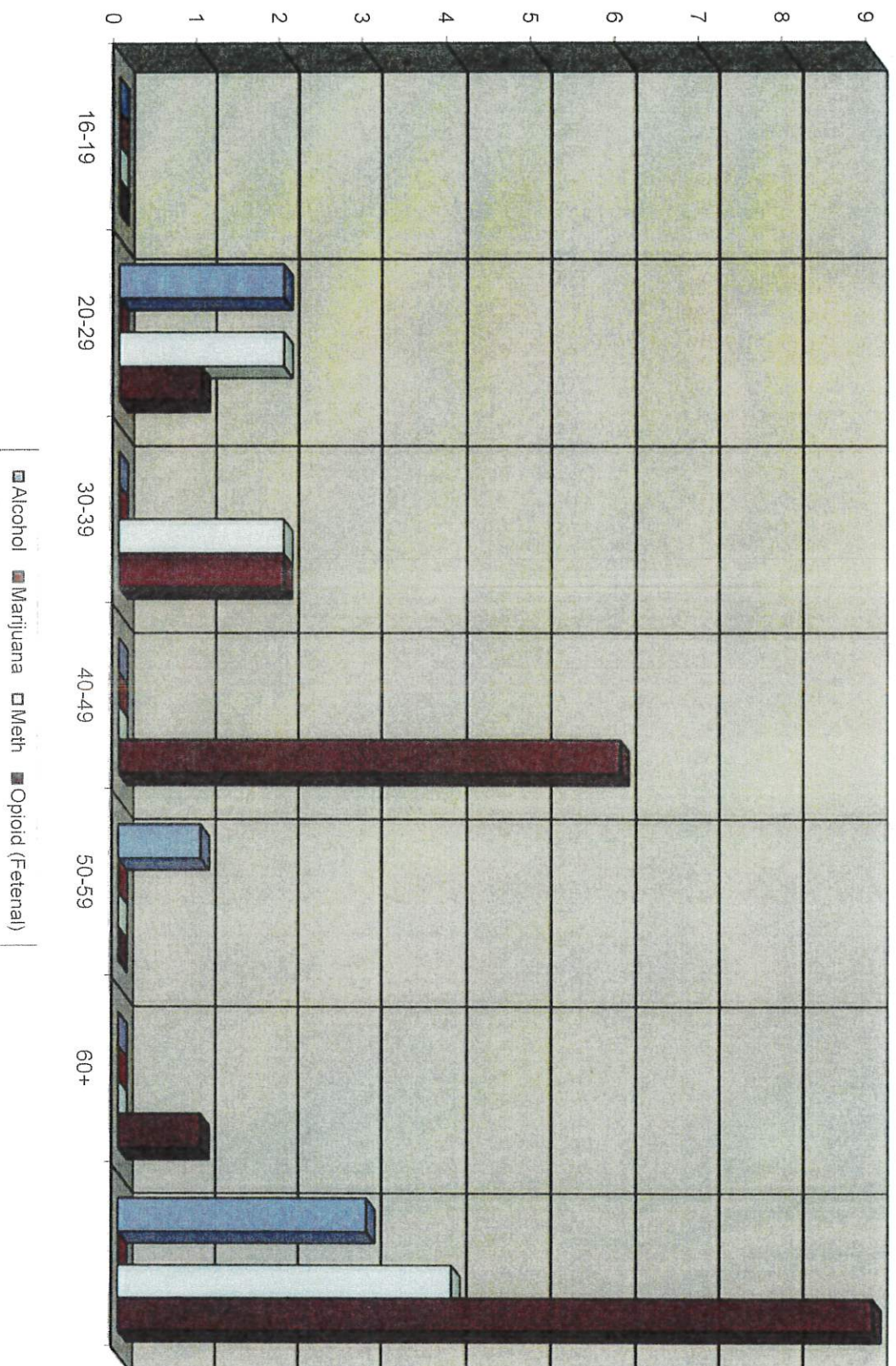
Completion Rate for Females 2025



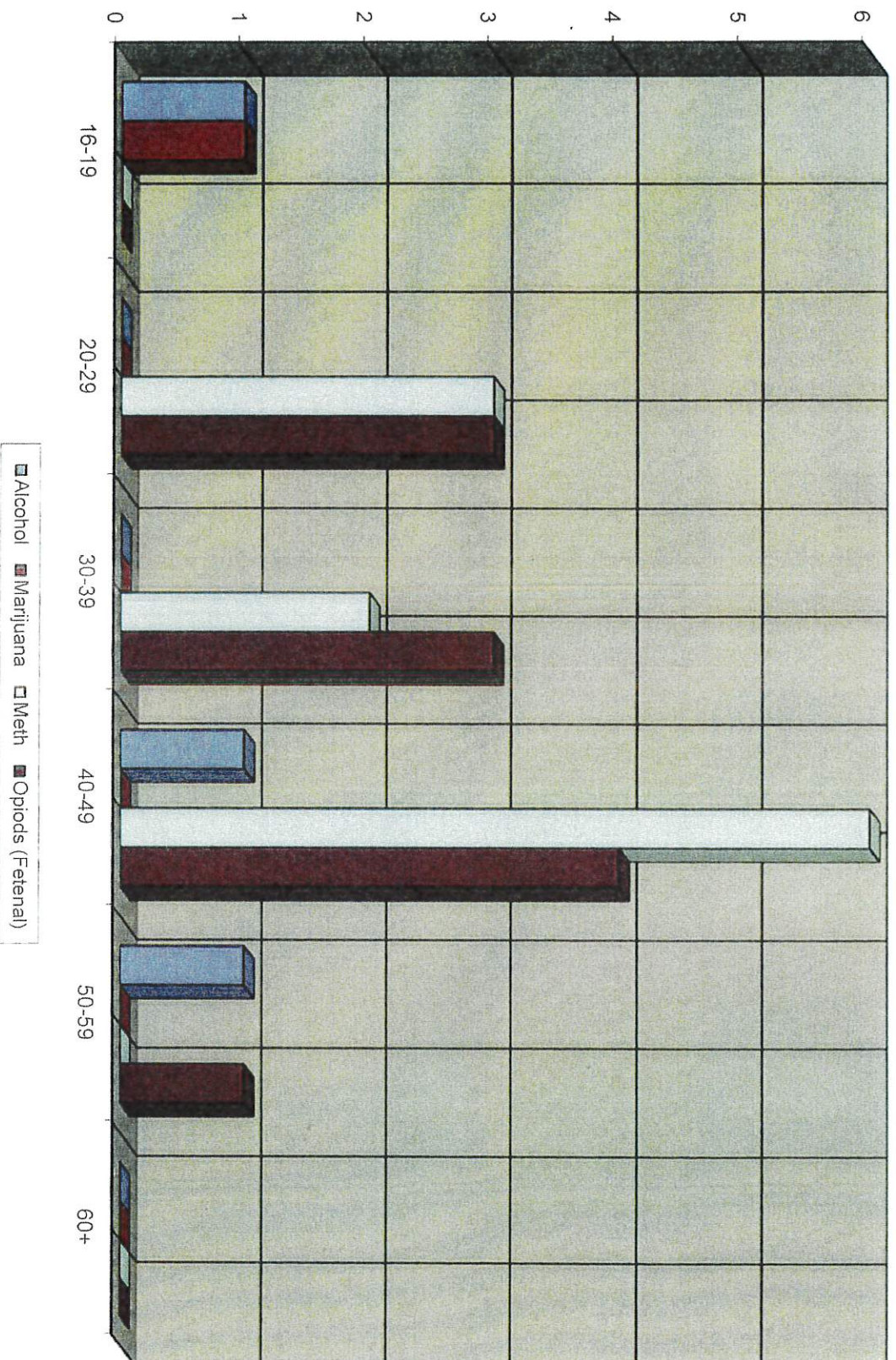
Male Completion Rate 2025



Drug of Choice Females 2025



Drug of Choice Males 2025



PROJECT PLANS FOR YEAR 2026

- Continue to provide cultural teachings.
- Continue to provide Drug and Alcohol prevention, treatment and aftercare services for youth and adults.
- Continue to provide cultural camps and cultural teachings to youth and adults.
- Ice Fishing Tournament and Youth Day
- Traditional Hunting Camp
- Traditional Sugar Bush Camp
- Spirit Run Camp
- Red Lake Summer Fishing Derby Tournament
- Community meetings